

▶ Getting Started

Step 1: Installing the Battery

See the illustrations on page 6 in the English instruction manual.

- Slide and lift the battery compartment lid.
- Insert one LR03 (size AAA) alkaline battery with correct polarity, and close the lid.

To take out the battery

Take out the battery by pushing the  side of it as illustrated on page 6 in the English instruction manual.

If the battery compartment lid is accidentally detached, attach it as illustrated on page 6 in the English instruction manual.

Clock setting display appears when you insert battery for the first time, or when you insert battery after the unit has been without battery for a certain period of time. Please refer to Steps 2 to 4 in "Step 2: Setting the Clock" to set the date and time.

Replacing the battery

 appears on the display when the battery becomes weak and it flashes when the battery is exhausted. Replace the battery with a new one.

Battery life*

With continuous use, approx. 5 hours recording/4.5 hours playback

* Using Sony alkaline battery LR03 (SG), playing back through the internal speaker with VOL control at around 3

The battery life may shorten depending on the operation of the unit.

Notes

- Do not use manganese batteries for this unit.
- When you replace the battery, insert the new one within 3 minutes after you removed the exhausted one. Otherwise, the display may show the clock setting display or incorrect date and time when you reinsert the battery. In this case, set the date and time again.
- The recorded messages, however, will remain.
- Do not charge a dry battery.
- When you are not going to use the unit for a long time, remove the battery to prevent damage from battery leakage and corrosion.

Step 2: Setting the Clock

Clock setting display appears when you insert battery for the first time, or when you insert battery after the unit has been without battery for a certain period of time. In this case, proceed from Step 2.

See the illustrations on pages 8 and 9 in the English instruction manual.

- Display the clock setting display.
 - Press MENU to enter the menu mode.
 - Press  once to display "SET DATE".
 - Press /PLAY/STOP.
 - The year digits will flash.
 - Set the date.
 - Press  or  to select the digits of the year.
 - Press /PLAY/STOP.
 - The month digits will flash.
 - Set the month and day in sequence, then press /PLAY/STOP.
 - The hour digits will flash.
 - Set the time.
 - Press  or  to select the digits of the hour.
 - Press /PLAY/STOP.
 - The minute digits will flash.
 - Set the minute.
 - Press /PLAY/STOP at the time signal.
 - The display will return to "SET DATE".
 - Press MENU to exit from the menu mode.

▶ Basic Operations

Recording Messages

You can record up to 99 messages in each file (A, B and C).

Since a newly recorded message is automatically added behind the last recorded message, you can start recording quickly without searching for the end of the last recording.

See the illustrations on pages 10 and 11 in the English instruction manual.

- Press FILE repeatedly until the desired file is displayed.

Current file



- Start recording.
 - Press REC START/STOP.
 - Speak to the built-in microphone.

During recording, the OPR indicator lights up in red.

You do not need to keep pressing REC START/STOP while recording.

- Press REC START/STOP again to stop recording.
 - The unit stops at the beginning of the current recording.

If you do not change the file after you stop recording, the next time you record you will record in the same file.

To listen to the current recording

Press REC START/STOP to stop recording, then press /PLAY/STOP.

To review the current recording instantly

Press /PLAY/STOP during recording.

To stop recording

You can also stop recording by pressing STOP instead of REC START/STOP.

To display the remaining recording time

During recording, the remaining recording time is displayed under REMAIN. To display it during stop, press STOP for more than one second.

☞ Tips

- You can record for up to 45 minutes (ICD-37)/90 minutes (ICD-57)/180 minutes (ICD-67).
- You can select the microphone sensitivity. See "Selecting the Microphone Sensitivity".

Notes

- When the remaining time of recording reaches 1 minute, the remaining time and "END" will flash one after the other in the display window. When the memory is full, recording automatically stops and "FULL" will flash in the display window with an alarm sound. To continue recording, first erase some of the messages.
- If you press REC START/STOP when the memory is full, "FULL" will flash with an alarm sound. Erase some of the messages before you start recording again.
- If you press REC START/STOP after you have recorded 99 messages, "FULL" will flash with an alarm sound. Select another file or erase some of the messages.

Note on recording

Noise may be recorded if an object, such as your finger, etc., accidentally rubs or scratches the unit during recording.

Playing Back Messages

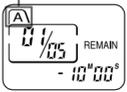
When playing back a previously recorded message, start from Step 1.

When playing back a message you have just finished recording, start from Step 3.

See the illustrations on pages 13 and 14 in the English instruction manual.

- Press FILE repeatedly until the desired file is displayed.

Current file



Selected message number



Total number of messages in the current file

- Press  or  to display the desired message number.

Press /PLAY/STOP for larger message number and press  for smaller message number.

- Press /PLAY/STOP to start playback.

During playback, the OPR indicator lights up in green.

After playing back one message, the unit stops at the beginning of the next message.

When the last message on a file has been played back, the unit stops at the beginning of the last message.

- Turn VOL to adjust the volume.

To stop playback

| To | Do this |
|--|---|
| stop at the beginning of the current message | Press STOP. |
| stop at the current position (Playback Pause function) | Press  /PLAY/STOP. To resume playback from that point, press  /PLAY/STOP again. |

Other operations

| To | Do this |
|---------------------------------|---|
| skip to the next message | Press  /I+. |
| skip to the previous message | Press  /I-. |
| search forward during playback | Keep  /I+ pressed. |
| search backward during playback | Keep  /I- pressed. |

Playing back a message repeatedly — Repeat Play

During playback, press /PLAY/STOP for more than one second.

"" will be displayed and the selected message will be played back repeatedly until you stop playback by pressing STOP.

Playing the beginning of each message — Scanning Play

During stop mode, press /PLAY/STOP for more than one second.

"SCAN" will be displayed in the display window and the first 5 seconds of each message in the selected file will be played back.

When you find the desired message, press /PLAY/STOP. The message will be played back until the end.

For private listening

Connect an earphone (not supplied) to the EAR jack.

The built-in speaker will be automatically disconnected.

Erasing Messages

You can erase the recorded messages one by one or all messages in a file at a time.

Note that once a recording has been erased, you cannot retrieve it.

See the illustrations on pages 16 and 17 in the English instruction manual.

Erasing messages one by one

When a message is erased, the remaining messages will advance and renumbered so that there will be no space between messages.

- Press ERASE while playing back the message you want to erase or press ERASE for more than 1 second during stop mode.

A beep will sound and the message number and "ERASE" will flash while the first and last 5 seconds of the message is played back 10 times.

- Press ERASE while the message is being played back.

The message is erased and the remaining messages will be renumbered.

To cancel erasing

Press STOP before Step 2.

To erase other messages

Repeat Steps 1 and 2.

Erasing all messages in a file

- Press FILE to select the file you want to erase.
- Press ERASE and STOP at the same time for more than 1 second.
 - The file, the message number and "ALL ERASE" will flash.
- Press ERASE.

To cancel erasing

Press STOP before Step 3.

▶ Advanced Operations

Moving Messages to a Different File — Move Function

You can move recorded messages to a different file.

See the illustrations on page 18 in the English instruction manual.

e.g. To move the seventh message in the file A to the file C

- Play back the message you want to move.
- Press FILE during playback to select the file you want to move the message to.
 - The file and "MOVE" will flash and the first and last 5 seconds of the message will be played back 10 times.
- Press /PLAY/STOP.

To cancel moving the message(s)

Press STOP before Step 3.

Notes

- The move function does not duplicate a message in another file. When you move a message to another file, the one in the previous file will be deleted.
- If you do not press /PLAY/STOP while the first and last 5 seconds of the message are played back, the display will return to the REMAIN display. In this case, start the procedure from the beginning.

Adjusting the Playback Speed

You can adjust the speed of the playback with the use of the PLAY SPEED selector on the bottom.

See the illustrations on page 19 in the English instruction manual.

To play back rapidly

Set PLAY SPEED to FAST.

"FAST" will flash three times in the display window and the playback speed will increase about 50%.

To play back slowly

Set PLAY SPEED to SLOW.

"SLOW" will flash three times in the display window and the playback speed will decrease about 25%.

To play messages with normal speed

Set PLAY SPEED to NORMAL.

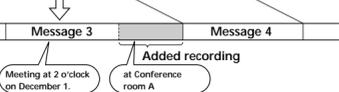
Adding a Recording to a Previously Recorded Message

You can add a recording to the message being played back.

The added recording will be placed after the current message and counted as a part of the message.

See the illustrations on page 20 in the English instruction manual.

During playback of Message 3



After adding a recording

- During playback, press REC START/STOP for more than 1 second.
 - The OPR indicator lights in red and "R-PLUS" flashes three times. Speak into the built-in microphone. The display will then change to the remaining recording time.
- Press REC START/STOP again to stop the recording.

To stop recording

You can also stop recording by pressing STOP instead of REC START/STOP.

Playing Back a Message at a Desired Time with an Alarm

You can sound an alarm and start playback of a selected message at a desired time.

See the illustrations on pages 21, 22 and 23 in the English instruction manual.

To set the alarm

- Use FILE and /I+ to select the file and the message you want to play back.
- Enter the alarm setting mode.
 - Press MENU.

The unit enters the menu mode and "ALARM OFF" will be displayed. (If "ALARM On" is displayed, the alarm has been set. If you do not wish to change the setting, press MENU and exit the menu mode.)

- Press /PLAY/STOP.
 - "OFF" starts to flash.
 - Press  or  to flash "On".
 - Press /PLAY/STOP.
 - "DATE" will flash in the display window.

Set the alarm date.

- To play back on a desired date** (the message will be played back at the same time on the same date every year until you erase the message)
 - Press /PLAY/STOP when "DATE" flashes.
 - The month digits will flash.
 - Press  or  to select the month digits and press /PLAY/STOP.
 - The day digits will flash.
 - Press  or  to select the day digits.

- To play back once a week**
 - Press MENU to enter the menu mode.
 - Press  or  to display "BEEP On (or OFF)" and press /PLAY/STOP.
 - "On (or OFF)" will flash.
 - Press  or  to select "On" or "OFF" and press /PLAY/STOP.
 - The setting is completed.
 - Press MENU to exit the menu mode.

- To play back at the same time every day**
 - Press  or  to select "DAILY".

- Press /PLAY/STOP.
 - The hour digits will flash.

- Set the alarm time.
 - Press  or  to select the hour digits and press /PLAY/STOP.
 - The minute digits will flash.
 - Press  or  to select the minute digits and press /PLAY/STOP.
 - "ALARM On" and "⌚" will be displayed to indicate that the setting has been completed.
 - Press MENU to exit the menu mode.

"⌚" is displayed when the number of the message with alarm setting is selected.

At the set time, the alarm will sound for about 10 seconds and the selected message will be played back.

During playback, "ALARM" will flash in the display window.

Playback will stop at the end of the message.

To cancel the alarm setting before the playback starts

Press STOP while the alarm sound is heard. You can stop even when the HOLD function is activated.

Notes

- You cannot set the alarm if you have not set the clock or there is no message in the selected file (the unit will not enter the alarm setting mode when you press MENU in Step 2).
- If you try to set the alarm to play back a message at a previously set time on another message, "PRE SET" will be displayed, preventing new settings.
- If the alarm time comes while another message is being played back with an alarm, the playback stops and the new message will be played back.
- If the alarm time comes during recording, alarm will sound for 10 seconds after the recording is finished and playback begins. "⌚" will flash when the alarm time comes.
- If more than one alarm time comes during recording, only the first message will be played back.
- If the alarm time comes when the unit is in the menu mode, alarm will sound and the menu mode will be cancelled.
- If you erase the message you set the alarm to play back, the alarm setting will be cancelled.
- You can adjust the playback volume with the VOL control.
- If the alarm time comes during erasing, alarm will sound for 10 seconds after the erasing is finished and playback begins.
- Alarm setting will not be cancelled when the alarm playback finishes. To cancel alarm setting, see below.

To cancel the alarm setting or change the alarm time

- Select the message you set the alarm to play back, and press MENU.
 - "ALARM On" will be displayed.
- Press /PLAY/STOP to flash "On".
- To cancel the alarm setting: Press  or  to flash "OFF" and press /PLAY/STOP.
 - To change the alarm date and time: Press /PLAY/STOP. When the alarm date is displayed, follow the Steps 3 to 5 in "To set the alarm" to change the alarm date and time.
- Press MENU to exit the menu mode.

Preventing Accidental Operation — HOLD Function

See the illustrations on page 25 in the English instruction manual.

Slide the HOLD switch in the direction of the arrow. "HOLD" will flash three times, indicating that all the functions of the buttons are locked, except for STOP to stop an alarm.

To cancel the HOLD function

When the HOLD function is activated during recording, cancel the HOLD function first to stop recording.

▶ Menu Settings

Turning off the Beep Sound

See the illustrations on page 26 in the English instruction manual.

BEEP On: A beep will sound to indicate that operation has been accepted. BEEP OFF: No beep sound will be heard except for the alarm and timer.

- Press MENU to enter the menu mode.
- Press  or  to display "BEEP On (or OFF)" and press /PLAY/STOP.
 - "On (or OFF)" will flash.
- Press